



**Rhythm**

# ADHD USER FEEDBACKS

MVP 2 : <https://rhythm-for-adhd.vercel.app>

# ADHD



**For ADHD minds  
to move at their  
own Rhythm.**

Our MVP 2 live!



Built during Delta Residency 2025



**FEEDBACKS**

**FROM**

**USERS**

You

Hi @Atul Researcher Adhd Tinker & @Jeff Adhd , Rhythm has added "Pomodoro" feature...



I use this product daily. It's very useful. When I completed two minutes, I noticed the Pomodoro timer itz really good. Keep improving and developing the product. You're doing great, keep going!

Edited 4:55 PM



Bro, the Reset functionality was awesome, really, the inhale exhale counter and how it moves, it really helped and the RAIN method too and the 2 minute thing was good for starting.

4:24 PM

Tried out the Rhythm App by @Vishag T Product Manager , had my inhibitions but the Reset functionality worked wonders for me when I was under serious stress. Loved the way the inhale, exhale counter works. The 2 minute counter helped to start a task as well.

Edited 8:32 AM



I like the interface, I like the feeler for level of energy at the start. It looks very promising and i could see myself using this a lot

Edited 6:44 PM

Anybody up for body doubling now?

Edited 11:14 AM

1 unread message

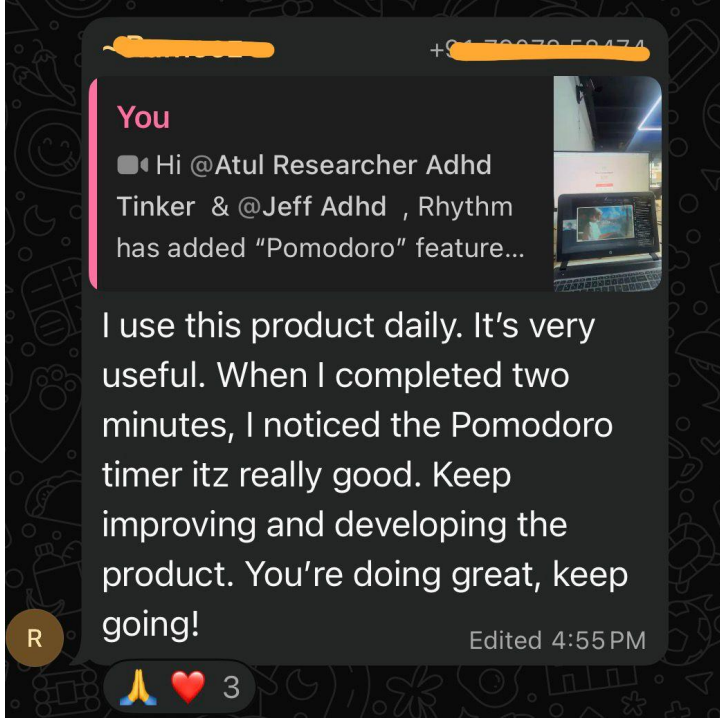
Atul Researcher Adhd Tinker

Ashwin Adhd Learning Tinker

Anybody up for body doubling now?

Why don't you try vishags idea. Like zoom meet and people can join

12:33 PM



Bro, the Reset functionality was awesome, really, the inhale exhale counter and how it moves, it really helped and the RAIN method too and the 2 minute thing was good for starting.

4:24 PM

I like the interface, I like the feeler for level of energy at the start. It looks very promising and i could see myself using this a lot

Edited 6:44 PM

You

How about body doubling sessions?

Much needed feature, maybe on Rhythm. I really like Rhythm's prospects, besides the previous feedback- have some new insights. Will share.

2:37 PM

# PRODUCT ANALYTICS

Microsoft | Clarity

Rhythm - for AD... ▾

Dashboard

Recordings

Heatmaps

Settings



Filters

Segments ▾

Last 100 days ▾

Save as segment

Sessions ⓘ

784

58 bot sessions excluded



Pages per session

4.22

average



Scroll depth

98.02%

average



Active time spent ⓘ

1.4 min

out of 5.4 min total time

Users overview

All users

User intent ⓘ



0

Live users  
< 1 min ago



...



300

Unique users



56.25% 441

43.75% 343



Sessions with new users

Sessions with returning users

56.25%

43.75%

441

343



Insights

Expand ...

Rage clicks ⓘ



0.13%

1 sessions



Dead clicks ⓘ



18.88%

148 sessions



Excessive scrolling ⓘ



0%

Ready to deliver outstanding in-app experience



Do you have a mobile app?



# Rhythm

Built by ADHD minds for ADHD minds

X: [https://x.com/t\\_vishag/status/1985107496613343375](https://x.com/t_vishag/status/1985107496613343375)

Linkedin : <https://www.linkedin.com/in/vishagt/>